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Ken Gerhardt's Comments

All I can say is we have been extremely blessed with almost perfect golfing weather in February that I hope continues into March. When it is sunny and 75, golfing is good!

Please welcome new members to our golfing community. They are Frank Darazsdi, Leonard Pinaud, Jack Harding, and Don and Julie Frazier. I'm sure they will meet many friends on the course in no time at all. Welcome to the club!

Handicap Committee

Please mark your calendars for a Handicap and Rules Seminar at the Pavilion on Friday, March 10, at 4pm. We are delighted to have Tom Johnson conduct the seminar. He is Director of GHIN (Golf Handicap and Information Network) Support and Handicapping at the Carolinas Golf Association. A member at Pinehurst, he also volunteers as a rules official in tournaments.

At the seminar, Tom will discuss the USGA Handicap system and provide an overview of the key USGA rule changes effective for 2017. We strongly urge all our golfing members to attend. This seminar will help continue the success of our golf club and the popularity of our tournaments and events using a well-functioning handicap system. I guarantee everyone will learn something!

After discussion and a Q&A, I hope members will attend the Friday night dinner as planned. Please let me know if you will attend by emailing me at: kgerhardt@carolinacolours.com.

See more of Ken's comments on page 7

News from the Pro by Brian Joyner

Get ready golfers

Our golfing classes are coming back! Each Saturday from 10-11 am between April 8 through May 6 we will teach golfing to anyone who is new to the game or someone who is looking to get back to the basics. The cost is \$100 and includes five Saturdays of one hour lessons, a starter set of clubs, golf bag, golf balls, and tees. There will be a sign up in the Pro Shop for those interested. Or, you can email Brian at bjoyner@carolinacolours.com.

Play With The Pro

We are continuing our Play with the Pro. We encourage golfers of all skill levels to come out and hone your skills as we head into tournament season. A sign up will be posted on the bulletin board in the golf shop at the Pavilion. Come on out and learn!

Jason is available on March 5 and Brian is available on March 12, both at noon.

Driving Range

We will close the driving range March 6 and March 13 for maintenance. Both days are Mondays. The range will reopen on both dates after 4pm.

Date	Tournament	Start Time	
March 11	Dice Game	9am Shotgun (food)	
March 27	Heaven and Hell	9am Shotgun (food)	
April 9	Play with a Masters Pro	Tee times	
April 17 & 18	Aerifying Greens	Course Closed	
April 21	Nine and Dine	2:00 Shotgun	
May 7	Couples Tournament	12pm Shotgun	
May 19	Kay Wilson Memorial Tournament	11:30am	

Here are your 2017 golf committee members

NominatingGolf Advisory BoardBruce MandellaSandy BerberichMary MartinFreddie LanktonGeorge OrsegaBob WaltersJean StollJim HallenbeckTom TrimmerChris Babich

Rule of the Month by Jason Hammel

Instead of a rule, I'm going to ask a question: How much emphasis do you put on the mental game of golf?

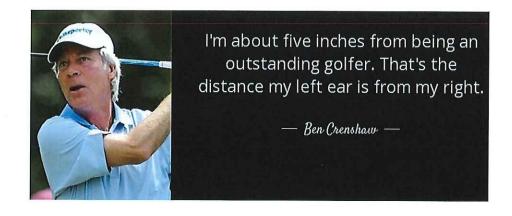
As some of you may know, I just came back from my Level 3 PGA seminars. It is one more step on my journey to become an official Class A member of the PGA. During my seminars, I listened to PGA Master Teaching Professionals talk about the mental game. I did not realize how important the mental game was until I heard this following tip that I want to share with everyone.

There was a study done on the psychology of athletes of all sports, not just golf. It was about the mental preparation and pre-sport thoughts athletes went through. This study found that the brain cannot actually understand negative words such as "don't" or "can't".

In relation to golf, when you stand on a tee and tell yourself "Don't hit it in the water," your brain is actually telling your subconscious, "Hit it in the water." Isn't that crazy!? As the season really kicks into gear, my tip for you in 2017 is to train your brain to think about WHERE you want your ball to go instead of WHERE NOT to hit your ball.

As some examples, for the ladies laying up in front of #3 hazard, do not think about the negative result of hitting in the hazard. Instead think about the goal, which is landing the ball on the other side safely. For the men, when you stand on #5 tee box, instead of thinking "don't hit it right," think, "hit this ball so it ends up in the middle or left side of the fairway."

I think you will be surprised at how powerful the brain is related to your golf game!



Carolina Colours Golf Advisory Committee Minutes of February 15, 2017

A regularly scheduled meeting of the Carolina Colours Golf Advisory Committee was held at 4:00 p.m. on Wednesday, February 15, 2017, in the Pavilion. Committee members Sandy Berberich, Chris Babich and Jim Hallenbeck were joined by newly elected members Freddie Lankton and Bob Walter. Retiring member Russ Carlson also attended, along with Ken Kirkman, Ken Gerhardt, Josh Purvis, and Brian Joyner.

Chairperson Berberich called the meeting to order and asked for the Committee to elect officers for the 2017 year. Jim Hallenbeck was selected chair and Sandy Berberich vice-chair, without dissenting vote. Chairman Hallenbeck than asked Ken Gerhardt for the general manager's support.

Gerhardt then reported as follows:

- ✓ PLAY AND REVENUE: Due to relatively good weather, both play and revenue exceeded both budget and January last year. Revenue per round was also up to \$31.39. With 429 rounds played and with expenses close to budget, the end result was about \$3,800 better than budgeted. February weather has been good on the 3 day weekends for the most part, so we are anticipating another month above projections. It has been a good start to the year.
- MEMBERSHIP: One property owner upgraded his equity membership from non-resident to resident. Effective February 1, we had one non-resident equity resign and gained one new equity (Frazier). We also had in January, 3 associate members non-renew and one 9-hole associate resign. We added 3 new associate members (Darazsdi, Pinaud, and Harding).
- ✓ MARKETING: Marketing has primarily been through Facebook, with some print advertising coming in the spring. We are paying to boost Facebook viewings, which seems to be productive.
- ✓ GROUNDS: Josh reported that bunker repairs on holes 1,3,4,11, and 18 are complete. Hole 17 is next on the agenda, and it will be a difficult one. Pre-emergent spraying will occur next week. New sod is being placed on hole 3 just over the hazard near the bunker on the right and on the exit area for the cart path on the left.
- ✓ GENERAL: Gerhardt announced that the Café will open the first Thursday in March and will operate Tuesday through Saturday from 11 to 3. He also noted that the driving range will be closed the first two Mondays in March to allow maintenance work to be carried out on it.

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Carolina Colours Golf Advisory Committee (from page 4)

Joyner then reported the following:

PRO-SHOP: Brian reported that the Play with a Pro that is ongoing has been well received. He also mentioned that the pro shop did a Facebook giveaway that ended up getting more than 5,000 total views, with 105 people sharing the post. He said that the Club would be open all day on Monday, President's Day and that the opening was being shared by Facebook and email. The 3-club tournament is coming up on 25, with a \$20 entry that includes beer, wine and dinner. Get Golf Ready is coming up in March and April, 5 Saturday's in a row, and The Thursday Night League is being organized for June start-up. Kirkman asked that the pro staff try to emphasize course protocol and care to those playing in it.

Gerhardt noted that there had been \$1,365 donated towards building a storm shelter near hole 14. It has been designed by the grounds committee and they intend to install the pilings in mid-March and then start the structural work the first week in April, with the goal of having it complete by the Kay Wilson tournament. It will easily accommodate 4 carts.

Kirkman then mentioned that the likelihood of at least a temporary closing of the Taberna golf course seems to be growing, based on communication between the property owner association and the owner of the club. Kirkman said he would work on a plan to discuss with the Taberna group should that eventuality arise. Conventional memberships would not work due to the fact that Taberna members will anticipate that their course will reopen in a matter of months, although that is not assured. Under current governing documents we can take only about 50 more non-resident members. It is to be anticipated that Taberna will try to negotiate some arrangement for their total membership, both with us and with the Emerald. Kirkman believes that the likely end result is that some Taberna group will be forced to purchase the facility if they want to be assured it will remain open long term.

There being no further business, the meeting was adjourned.





Military Day!

All active and retired military members play for \$30, cart included.

Join us in showing respect for our nation's heroes by wearing red!

Ken Gerhardt

General Manager kgerhardt@carolinacolours.com

Brian Joyner

PGA Head Golf Professional bjoyner@carolinacolours.com

Jason Hammel

Assistant Golf Professional jhammel@carolinacolours.com

Josh Purvis

Golf Course Superintendent jpurvis@carolinacolours.com

March

Carolina Colours Ladies and Men Golf Association (LGA & MGA)

Something we're adding for our newsletter, each month we will have news from our MGA and LGA groups.

LGA

Tess Nosal, President Chris Babich, Secretary Pat Phillips Vice President

Amy Trainor Treasurer

Chris Babich, Secretary Gail Hallenbeck, Statistician

Have we had an unbelievable winter or what? There has been hardly any break in golf due to the weather. Let's hope the other shoe doesn't drop and we end up with a snowstorm!

Please note on our schedule that we added a special Thursday meeting on March 16. It should be a great time for us to get together.

MGA

Randy King, President Larry Nelson, Treasurer Karl Berberich, Vice President Steve Lozier, Secretary

We had the kickoff breakfast to our official MGA season on March 1. But, it's still not too late – in fact it's never too late – to join. We have events each Wednesday and Friday. If you wish to join, please see Brian or Jason in the Pro Shop or any MGA officer listed below.

LGA Games **MGA Games** LGA MGA for March for March March March March 7: Low Putts March 1: 1 Net, 1 Gross start times start times March 14: Throw out worse 3 holes, March 8: 2 Best Net low net are at are at March 15: Blitz Points March 16 Scramble/Lunch/Meeting 10:00 a.m. 10:00 a.m. March 22: 3 Par 3, 2 Par 4, 1 Par 5 March 21: Blind Partners, low net March 29: Yellowball March 28: Low putts for 2 players

Ken's Comments

Golf Course update:

Our great maintenance team has been extremely busy taking advantage of all the beautiful weather. They completed the bunkers on holes 3, 11, and 18. By the time everyone is reading this, hole 17 should be finished. This hole has been our biggest project to date. Finally, with warmer weather coming, we filled the water stations on holes 4, 6, 13, and 16. Enjoy!

Building and Grounds Committee:

Once again this committee has been hard at work. Over the next few months, they have built 30 broken tee boxes and are just waiting for the paint to dry. Once finished, they will place the boxes on holes throughout the course. Also, the group went out over the past month and pruned all the trees lining the cart path. This was a huge undertaking as there are hundreds of trees.

One of the biggest projects has been the rain structure. Over the past month, the committee has been fortunate to have a number of very generous members donate money to start this project. A HUGE THANK YOU to all of them!

The building and grounds committee have drawn up plans and plan to start this project the middle of March. First, they will dig the holes and put the posts in place that will be left for a few weeks to cure. In early April, the committee will build the structure, which will be big enough to hold four golf carts and their passengers.

I cannot express just how large a project this will be. Without the donations and this committees' energy who put in countless hours, this project would not happen. THANK YOU!!!!!



5th Annual

KAY WILSON MEMORIAL GOLF TOURNAMENT



Carolina Colours Golf Club Friday, May 19, 2017

RELAY FOR LIFE

Proceeds benefit Relay for Life



ENTRY FEE: \$110/person, \$440/team

- Green and cart fees
- · Range balls
- Goodle bag
- Box lunch (on cart)
- I Mulligan and I Red Tee Buster
- Buffet dinner with cash bar at 6:00 p.m. (guest dinner additional \$25)

PRIZES, ETC.

- Tournament prizes for 1st, 2nd, 3rd, 4th, 5th and 6th-place teams
- Hole-in-one car from Riverside Ford
- Hole-in-one golf cart from E-Z-Go Golf Cart
- Silent Auction
- 50/50 raffle

4-person scramble (handicapped) • Check-in: 11:00 / Shotgun start: 11:30 • Tax receipt available at registration table

Sponsorship Opportunities

 Title Sponsor \$1,500 Name and company logo on sign at 1st tee, banner at entrance to clubhouse, entry fee for 4 players, and dinner for 4 players and guests Tournament Sponsor \$1,000 Name and company logo on windshield of all golf carts, sign in front of clubhouse, entry fee for 2 players, dinner for 2 players and guests \$750 Name and company logo on 3 pin flags; you may keep your flags after the Platinum Sponsor (6) \$500 Silver Sponsor Name and company logo on sign at the 1st tee \$250 Tee Sponsor Name on sign at a tee \$100 Friends of Kay Name on sign lining 1st fairway \$100 Kay's Family Name on sign at walkway to dubhouse

All tournament sponsors will appear in the tournament program.



Kay Wilson Memorial Golf Tournament Friday, May 19, 2017

- Registration ends May 5, 2017.
- Sponsors & Golferz: Please make checks payable to Carolina Colours Golf Chub, Sponsocs will receive a "Gift in Kind" letter from Relay for Life.
- · Payment must accompany registration form.
- Contact Dave Barnett for more information on participation or aponsorship (239) 851-8809 or dbarnett28@gmail.com

J	I would like to be a sponsor at the	level. My donation is attached
1	Please register my team to play. Payment:	is aftached,

e-mail address		phone
Name	HCP	Dinner Guest (\$25)
Name	HCP	Dinner Guest (\$25)
Name	HCP	Dinner Guest (\$25)
Name	HCP	Direter Guest (\$25)

CAROLINA COLOURS GOLF CLUB 3300 Waterscape Way, New Bern, NC 28562 (252) 772-7022

Yeah! Katherine's café will reopen on Thursday, March 2. The hours will be Tuesday – Saturday 11 am -3 pm.

Chef's Corner — Asparagus Bistro Salad (serves 4)

Spring is almost here and to me one word springs to mind —FRESH! What's better than garden fresh vegetables? This salad is wonderful for brunch. lunch. or dinner. Keeping it simple really lets the freshness shine. It is topped with a soft boiled egg. If



you don't care for it, simply cook a bit longer or leave off. Serve with a slice or two of crusty bread. Hope y'all enjoy!

For the dressing:

- 1 tablespoon red wine vinegar
- 1 teaspoon Dijon mustard
- 2 tablespoon olive oil

1 tablespoon Duke's mayo 1/2 small shallot, diced sprinkle of salt & pepper

For the salad:

6oz frisee (variety of endive) washed and torn into 1 inch pieces
6oz baby arugula, washed and dried
1 bunch asparagus, tough ends trimmed
fresh parmesan shavings, optional
4 large eggs fresh cracked pepper

Mix all dressing ingredients together until blended. Set aside.

Bring a small pot of water to a rapid boil. As soon as it boils, turn off the burner and carefully place each egg in with a slotted spoon. Cover and remove from heat. Set timer for 18-20 minutes. Remove eggs from water and set aside to cool slightly.

Bring a large pot of water, about 3 inches to 4 inches deep, to a boil. Sprinkle in a fair amount of salt to boiling water. Turn down to a simmer and add the trimmed asparagus. Make sure to fully submerge in the water. Cook 2-3 minutes until desired tenderness. Once tender, immediately remove asparagus from hot water and place in a bowl of ice water to stop from cooking any further. Remove from ice water and place on paper towels to drain. Any large asparagus, simply slice in half lengthwise.

Toss the lettuce with the dressing and place on 4 plates. Place asparagus on top of dressed greens. Carefully crack soft boiled egg over top of asparagus. Top with parmesan shavings, if desired, and fresh cracked pepper.



GOLF CLUB